**CATARACT SURGERY – PRE OPERATIVE INSTRUCTIONS**

You can pre-admit to the hospital ahead of your surgery date or take the pre-admission form on the day of your surgery.

Please obtain an authorisation number for your operation from your medical aid and notify us of this number. Please note that an authorisation number is **NOT** a guarantee of full payment, so please check with your medical aid that you have sufficient benefits available.

Please notify me if you are feeling unwell on or before the day of your scheduled procedure.

If you have any chronic illness such as diabetes, high blood pressure, chronic chest problems eg: asthma, bronchitis or heart disease, it is advisable to see your GP a few weeks before your procedure.

Continue to take all medications at the normal times up to and including the day of your procedure. If you are on Warfarin, continue taking it but please check that your INR test has been done within the last month.

REMEMBER TO USE YOUR PRE-OP EYE DROPS AS PRESCRIBED.

**ON THE DAY OF THE SURGERY**

You may have a light breakfast/lunch as your procedure will be done under local anaesthetic.

**Note**: If you have requested a general anaesthetic, please do not drink or eat at least 6 hours prior to your procedure, however you may take your medication as normal. And a couple sips of water here and there are also fine.

Please make sure you have **NO traces of eye make-up**.

Remember to bring your **ID & MEDICAL AID CARD**.

If you have any queries, please call my rooms Nicky or Sarah will be available to answer any questions.

We trust you enjoy your surgical experience with us and we wish you a speedy recovery.



# Dr Andrew Perrott